## KINDRED SOULS CO.







## Tibetan Singing Bowls Reiki Healing & Sound Therapy Meditation & Mindfulness Practices Supporting your journey to inner calm and stillness





## Kelly Sullivan from Kindred Souls Collective offers a range of in-person & online services to encourage moments of pause and experiences of wellbeing including:

- Bespoke 1:1 Energy & Sound Healing Sessions
- Private Group Sessions Wellness Workshops
  - Tibetan Singing Bowl Meditation Trainings
    - · Local & International Wellness Retreats ·
- Wellness products to encourage moments of pause and experiences of wellbeing





## Come along for the journey and be your true radiant self!



